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JEWISH WOMEN'S FOUNDATION PRESENTS ANNUAL "LET'S TALK ABOUT IT" EVENT ON WOMEN'S REPRODUCTIVE HEALTH

SAN DIEGO, CA – This year's "Let's Talk About It" annual event, presented by the Jewish Women's Foundation, will focus on dispelling myths and understanding the facts surrounding women's reproductive health.

A panel of experts in their respective fields will discuss important topics of reproductive health for women and girls – where we are today, how far we have come, and where we go from here.

Panelists will include a rabbi, an OB/GYN, a mental health professional and a Planned Parenthood board member.

Panelists and attendees will "Talk About" a number of issues, including fertility, genetics, mental health, and ethical considerations, as well learning about Jewish perspectives on these topics.

This is the third "Let's Talk About It" event presented by the Jewish Women's Foundation (JWF).

Previous events included a discussion about substance abuse and the landscape of LGBTQ in the community. Robust discussions resulted among audience members who found themselves talking about subjects that have traditionally been stigmatized.

The objective of these events, and the mission of the Jewish Women's Foundation, is to educate, engage and inspire those interested in improving the lives of Jewish women and girls, in a safe and accepting environment.

This complimentary event will be held at **Congregation Beth El** in La Jolla on Feb. 12 from 9:30 to 11:30 a.m. Advanced registration is required. Contact **Sarah Schatz** at sarah@jcfsandiego.org (858-279-2740) to learn more about JWF or for more information and to register for this event.

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About The Jewish Community Foundation

The Jewish Community Foundation partners with individuals, families, and community organizations to help them achieve their philanthropic goals. During fiscal year 2017-2018, the Foundation awarded and facilitated \$84 million in 6,900 grants to more than 1,800 Jewish and general organizations in San Diego, Israel, and around the world. Since its inception over 50 years ago, the Foundation has granted over \$1.5 billion. Visit the Jewish Community Foundation at www.jcfsandiego.org or call 858-279-2740.