

## Grants from the Jewish Women's Foundation Improve Lives

### Supporting Jewish Single Parents

Jewish single parent families seeking assistance or just looking to connect with the community can turn to **Supporting Jewish Single Parents (SJSP)**,



*SJSP mom and her children.*

a program established by the Jewish Women's Foundation (JWF) six years ago at Jewish Family Service (JFS).

"We were looking to make a significant difference for Jewish women and girls in our community and identify a need that wasn't being addressed," noted **Marcia Hazan**, immediate past chair and grants chair when SJSP was established. "San Diego's Jewish community has twice

the number of single-parent headed households than the national average. We found that many lacked a voice and affordable access to important services, such as synagogue membership, Jewish summer camps and religious schools."

Over the course of the program, the JWF has awarded and leveraged more than \$400,000 to make SJSP a success.

"Being part of SJSP has made me feel stronger and comforted and I no longer feel alone." - SJSP client

### Project SARAH

Incidents of domestic violence have increased dramatically this year, and the Jewish community is not immune. In focus groups held in 2009, JWF members heard from rabbis and community leaders that they had never previously encountered this many families affected by domestic violence.

"Increased unemployment and financial worries results in much-increased stress levels," said **Rabbi Phillip Graubart** of Congregation Beth El. "Never in my entire rabbinic career have I seen so many families suffering the effects."

A JWF grant to **Project SARAH**, a program of JFS that provides counseling, case management and advocacy, is enabling JFS to respond to double the number of client families. JWF funding also supported critical community education efforts including outreach to teens about spotting signs of unhealthy relationships.

## Join the JWF



*Left to right: Jan Tuttleman, founding chair; Elaine Galinson, chair; and Marcia Hazan, immediate past chair.*

Six new women have joined the JWF since July 1, bringing total membership to 88. Add your voice and create a bright future for Jewish women and girls in the community. Every member is entitled to a vote, and you may be as involved or uninvolved as you wish.

For more information about membership, visit [www.jwfsd.org](http://www.jwfsd.org), or contact any JWF board member or Program Manager **Barbara Marcus**.

## Welcome New JWF Members

**Hanna Gleiberman**  
**Iris Goodman**  
**Nina Sabban**  
**Jean Shekhter**  
**Susan Shmalo**  
**Ashley Stone**

## JWF Outreach Event Focuses on Maintaining Balance



Left to right: Emily Einhorn, Susan Shmalo and Diane Feuerstein.

At a recent JWF gathering, JWF Member and Psychologist Dr. Lisa Braun-Glazer shared tips for balancing life's demands while members and friends enjoyed lunch at the beautiful La Jolla home of Phyllis Epstein.

### board of directors

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Elaine Galinson

#### Immediate Past Chair

Marcia Hazan

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## our mission

The Jewish Women's Foundation of San Diego is dedicated to supporting the Jewish community through innovative and creative funding to benefit and enhance the lives of primarily Jewish women and girls locally and globally.

Guided by our Jewish values, the Jewish Women's Foundation creates awareness of the issues and needs of Jewish women and girls. Through the work of this Foundation, women will be empowered as funders, decision makers, and agents for change in the community.

## JWF Members Study Needs of Teen Girls

JWF members have embarked on a comprehensive needs analysis to identify opportunities to empower Jewish young women in the community.

"Community leaders from diverse organizations and backgrounds all prioritized teenage women in discussions we held earlier this year," stated **Jennifer Levitt**, chair of the task force overseeing the effort. "We have a chance to lay the groundwork for building strong, positive identities as Jewish women and leaders in their communities."

JWF Member **Tina Beranbaum**, an organizational development expert; **Katie Feifer**, a marketing consultant; and **Toby Eisenberg**, grants chair, are volunteering their time along with others to ensure a comprehensive approach.

"The information we gather will not only inform us for granting but also for community education and advocacy," said **Elaine Galinson**, chair.

## Hands-On Directly Connects With Families in Need

Through the efforts of the JWF Hands-On Committee, for the second year, 34 families served by Project SARAH and SJSP received Visa gift cards to help with holiday shopping and food. The number of families assisted more than doubled this year with needs more pronounced than ever. One of the recipients expressed her appreciation saying, "When I left the JFS office with the gift in hand, I felt a flood of emotion come over me. The generosity of San Diego's incredible Jewish community is just amazing!"

In addition to the annual Chanukah project, the JWF distributed summer backpacks to families in need earlier this year. Hands-On efforts directly enhance the lives of families involved with JWF-funded programs.

## New Technology Engages JWF Members

For more information about the JWF's community impact and to join, visit the new Web site at [www.jwfsd.org](http://www.jwfsd.org).



## JWF is Now on Facebook

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