

A Note from JWF Chair Jennifer Levitt



Just a few months into the new fiscal year, I'm pleased to share that the five programs funded by the JWF, designed to serve teenage young women from all corners of the community, now involve *more than 100 girls*--providing them with leadership development, empowerment and support services. As you know, this critical area was identified in our community needs analysis and discussions with rabbis, community leaders and key constituents. Our staff and Grants Committee are actively engaged with each of the programs, helping to assure their success.

Here are some brief updates and photos from each of the programs as well as some information about upcoming JWF events. Please also be on the lookout for a member survey that will be coming to you in the next month as the JWF leadership engages in some strategic assessment to determine our best value to the community and to you, the JWF members.

If you would like to become more involved with the JWF, please contact me or a member of the staff.

Warm regards,
Jennifer

Updates from Our Grantees

B'not, Lead On!, Friendship Circle San Diego

In *B'not, Lead On!* the typical teens have an opportunity to learn tolerance and to value the daily struggles that some of their peers face while the teens with challenges have a chance to develop their talents just like any other teen. On a beautiful afternoon, the teens took a ferry to Coronado. They got to know one another during a fun ice breaker and then planned future events while enjoying a picnic together.



Following an activity, one teen wrote, *"The child I was volunteering with wanted to just hold my hand...She loved me for who I was and not for any other reason. The lesson this girl showed me changed my life."*



Girls Life, Lawrence Family Jewish Community Center

Girls Life works to promote healthy body image, develop leaders and instill positive Jewish values. The Lawrence Family Jewish Community Center JACOBS FAMILY CAMPUS offers the middle school girls a chance to run and play sports, practice leadership skills, play games and try new things such as yoga and guided meditation.

"Our hard work will pay off on December 11th, when the team will participate in a 5K walk/run together! We are also excited about our partnership with the JCC's Qualcomm Sports and Fitness Complex and the opportunity to utilize a Personal Trainer to help the girls better understand their bodies."

-Carly Ezell, Teen Coordinator, JCC

Keep informed about Girls' Life on their [blog here](#).

JWF Scholars Program, a Collaboration between Ner Tamid, Chabad of Poway and Temple Adat Shalom

The JWF Scholars Program has been working on the recruitment, application and review process for participants and, in consultation with the Jewish Women's Archive in Boston, finalizing the curriculum. They look forward to January 2012, when they will engage with 11th grade girls for learning, socializing, and creatively exploring the lives of their role models.

"Bluma, Naomi and I are excited to be collaborating together, cross-denomination (Chabad, Conservative, Reform), in a way that would never have happened without the support and funding from the Jewish Women's Foundation of San Diego. The impact of receiving community funding for our North County Inland region cannot be overstated."

-Susan Cohn, Director of Education, Temple Adat Shalom

Girls Give Back, Jewish Family Service

After a successful summer program, *Girls GiveBack* kicked off the school year program on October 16th with 34 teen leaders who participated in a day-long retreat held on the importance of *tikkun olam* and issues impacting girls and women at Hera Hub (collaboration space) in Sorrento Valley. They also participated in a public speaking workshop and enjoyed fun and positive team-building activities.

"Girls Give Back looks forward to an exciting year filled with service learning projects to support women and girls in need, community education and advocacy." -Shana Hazan, Supervisor, Youth and Leadership Programs, Jewish Family Service



Please visit www.jfssd.org/girlsgiveback for more information.

Rosh Hodesh: It's a Girl Thing!, Congregation Beth Israel, Temple Solel and Temple Adat Shalom in Collaboration with the Lawrence Family Jewish Community Center

Rosh Hodesh: It's a Girl Thing! has seen a lot of growth! Congregation Beth Israel, Temple Solel and Temple Adat Shalom host 40 participants in a total of five Rosh Hodesh groups, an expansion from the three groups from last year. With new groups have also come new staff who are facilitating the groups. Retention from the 2010-2011 groups is extremely high, near 100%.

"The staff and the teens are looking forward to forging new relationships, gaining new skills and building stronger identities during the 2011-2012 year." -Marcia Tatz Wollner, Director, Literary Arts and Educational Resources, JCC

Jewish Women's Foundation Event at the San Diego Jewish Book Fair 2011

Morning Coffee Conversation
Tuesday, November 8, 10:00 a.m.

Iris Krasnow, *The Secret Lives of Wives: Women Share What It Really Takes to Stay Married*



We know why people get divorced: financial reasons, infidelity, just growing apart, and so on. But why and how do people stay together for decades and literally "until death do them part?"

Find out during morning tea and discussion with the author of the bestselling book, *Surrendering to Marriage*. Iris Krasnow interviewed more than 200 wives whose marriages lasted 15 years or more, asking them, "What's your secret?" Krasnow shares their bold, brave, and fearlessly honest answers on how to make marriage last a lifetime.

Admission: \$7/JCC Member; \$9/Non-Member

Community Host: Jewish Women's Foundation

**Join the Jewish Women's Foundation at
Options 2011: Women Changing the World**
San Diego Jewish Federation's Annual Women's Event

Please select the Jewish Women's Foundation table when registering!

Women Changing the World OPTIONS

December 1, 2011

Inspiring Women

Allna Spaulding

Director of Communications, American Hebrew Academy

Erin Gruwell

Founder, The Freedom Writers Foundation

Anne Ratner Award Recipient

Andrea Oster

Options Co-Chairs

Silvana Christy

Alexandra Hirschhorn

Ilana Umansky



*Women Changing
the World*



INSPIRE
ENGAGE
MAKE A
DIFFERENCE

December 1, 2011

[Click Here to
REGISTER](#)

Please join us at the largest gathering of Jewish women in San Diego and be inspired by stories of women who have changed lives. Their emotional experiences of activism, leadership and commitment provide extraordinary examples of the power of women to change the world.

Thursday, December 1, 2011

5:30 P.M. – Registration & Reception

6:15 P.M. – Dinner & Program

The Manchester Grand Hyatt

One Market Place, San Diego, CA 92101

JWF Luncheon and Discussion

Save the Date: Thursday, February 2, 2012

More details to follow

Please mark your calendars for JWF's winter program and look out for information about this event in the coming weeks!