

Health seminar for Jewish women

LA JOLLA — The Jewish Women's Foundation of the Jewish Community Foundation of San Diego hosts "To Your Health — Health Choices for Jewish Women" from 9 a.m.-2:30 p.m. Feb. 28 at the Salk Institute for Biological Studies to help raise awareness about health issues for Jewish women and girls. Topics include genetic issues concerning Jewish women; holistic approaches to wellness; heart disease; and cancer prevention and the connection between cancer and nutrition. Full-day fee is \$70; cost for lunch and afternoon keynote speaker only is \$50. Kosher catering. Reserve by Feb. 15 to Jaclyn@jcf-sandiego.org or (858) 279-2740.