

A DAY FOR WOMEN'S HEALTH

The Jewish Women's Foundation of the Jewish Community Foundation of San Diego has long supported and enhanced the lives of Jewish women and girls. On Feb. 28, the JWF was host to To Your Health — Health Choices for Jewish Women, at the Salk Institute for Biological Studies in La Jolla. Keynote speakers Dr. Eric Topol and Dr. David Simon spoke on genetic issues and holistic approaches to wellness, respectively. Experts Dr. Bronner Handwerger, Dr. Kenneth Roth and Dr. Cheryl Rock also spoke on natural medicine, heart disease and the connection between cancer and nutrition, respectively. "Our health as women is inextricably linked to the health of our families and the health of our community," Event Chair Betty Byrnes said.

For more information on the Jewish Community Foundation, visit www.jcfsandiego.org or call (858) 279-2740.



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