



MEDIA ADVISORY

JUNE 16, 2009

CONTACT & RSVP:
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THE JEWISH WOMEN'S FOUNDATION, INVITES MEDIA COVERAGE OF A SPECIAL EVENT FOR WOMEN THURSDAY, JUNE 18, 2009 - 6:00 - 9:00 P.M.

WHO'S COMING: 50 of San Diego's philanthropic elite women:

- Board and committee members of the Jewish Community Foundation and Jewish Women's Foundation
- Board Members and advisors of our Family Foundations and Donor Advised Funds
- Leading San Diego philanthropists
- Board members of dozens of Jewish and general community organizations and leading financial professionals

WHAT: Jewish Women's Foundation (JWF) event to promote healthy living. The JWF, an affiliate of the Jewish Community Foundation of San Diego, supports the Jewish community through innovative and creative funding to benefit and enhance the lives of primarily Jewish women and girls locally and globally.

WHEN: Thursday, June 18, 2009

- 6 - 7 p.m. - private shopping with 15% discount
- 7 - 9 p.m. - program with panel discussion

WHERE:



lululemon athletica store
7835 Girard Street
La Jolla, CA 92037

WHY: For women and girls to hear about the work of the Jewish Women's Foundation in the community and learn about body image issues affecting women and teenage girls.

HOW: Panel of Presenters

- Karly Randolph Pitman, founder of Firstourselves.com, which empowers women to create emotionally, spiritually, and physically nourishing lives through the transformative power of self-care.
- Tami Walsh, president and founder of Teen Wisdom, the first life coaching company created for the empowerment of young women.
- Lisa Braun-Glazer, Ph.D., a licensed clinical psychologist.

Healthy food and drinks provided by Whole Foods.

About the Jewish Community Foundation of San Diego:

Since 1967, the Jewish Community Foundation has partnered with individuals, families and community organizations to help them achieve their philanthropic goals and to increase current and future support for a vibrant and secure Jewish community in San Diego, Israel and around the world.

Last fiscal year, the Foundation awarded more than \$67 million in 5,000 grants to 1,200 Jewish and general organizations in San Diego, the United States and Israel making the Foundation the largest grant maker in San Diego. Visit the Jewish Community Foundation at www.jcfsandiego.org or call 858-279-2740.